

# BONNYVILLE SENIORS DROP IN CENTRE

4813 47 Avenue Bonnyville, AB T9N 1M4 (780) 826-3619

## October Newsletter 2024

### FROM MY PERSPECTIVE

Welcome Fall! 🍁 October is when everyone is finishing their harvests and will be ready to join in some fun as it starts getting cooler. We have numerous things for you to enjoy with us this month.

Floor curling has started up. Thanks to Ralph for continuing as Coordinator. Crib will start on Tuesday, October 1, 2024, at 1pm. Thank you to MaryAnn and Shirley for volunteering to coordinate Crib!

Your executive has been busy behind the scenes planning some information sessions and other activities for the fall/winter so make sure to check your calendars!

We have also applied for numerous grants this summer and are hoping we succeed in getting them approved.

Our pancake breakfasts are back, and we would like to thank all of you who volunteer each month to make these so successful! We are always willing to welcome other volunteers to join us for a day of cooking, laughter and good food.

Our 2024 memberships will be ready to purchase starting October 15, 2024, at the Centre for \$30.00 per member, so stop by, say hello, and grab yours!

Chair Yoga has started up again with a start time of 11:30am on Mondays and Wednesdays! Have a great month and I look forward to seeing you all soon!

Happy Thanksgiving!

Sherry Hennessey - President



**OFFICE HOURS:**  
Monday to Thursday  
12:30 pm – 4:00 pm  
Friday by appointment.

★ Please track and record your volunteer hours in the volunteer binder by the front entrance coat rack. This information is needed for Grant applications. Thank you!

# DROP IN CENTRE EVENTS & ACTIVITIES

**PANCAKE BREAKFAST  
BONNYVILLE SENIORS DROP IN  
CENTRE PIONEER HALL**

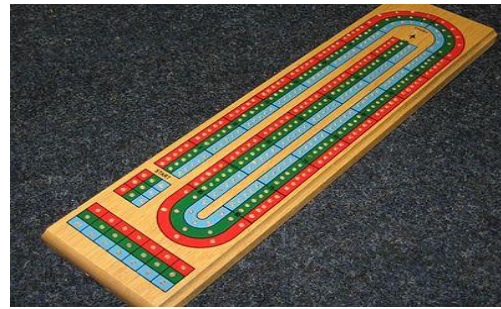
**SUNDAY – October 6, 2024**

**9:00AM TO 12:00 NOON**

**Cost - \$15.00**

**6 to 12 - \$5.00**

**Ages 5 & under free**



Afternoon Crib will start Tuesday, October 1, 2024, at 1pm in the McGregor Hall. Thank you to MaryAnn and Shirley who are continuing to volunteer to coordinate Crib.

Please note that for the presentation below you must register beforehand. Call Ruth Snyder at 780-614-6345.

A PORTAGE COLLEGE PUBLIC LEGAL EDUCATION PRESENTATION

## WILLS & ESTATES

### ASK A LAWYER

Kristen Kress from Kress Law will go through basic questions people have about Wills, Enduring Power of Attorney & Personal Directives in Alberta. Participants will learn what each document does and how you can incorporate them into your estate planning to better manage your affairs in the future.



**OCT 8 TH 2024**

SEATING IS LIMITED. REGISTER EARLY.

**IN-PERSON PRESENTATION**  
**11:00 AM - 1:00 PM**  
BONNYVILLE SENIORS DROP IN CENTRE  
PIONEER HALL 4813 47 AVE  
BONNYVILLE, ALBERTA

This event will be offered in-person and via Zoom. Call Ruth Snyder at 780-614-6345 to register for free.

PARTNERS IN PROVIDING PUBLIC LEGAL EDUCATION:

BONNYVILLE SENIORS DROP-IN CENTRE | PORTAGE COLLEGE | Alberta LAW FOUNDATION | KRESSLAW



A big thank you goes out to the volunteers that helped wax the McGregor Hall floors! Thank you so much Lucy Bell, Sherry Hennessey, Dave Highberg, Karen Irwin, Kathy Leblond, Karen St. Amant, and Bill Thorton!

Also special thanks to Thora Bennett, Emilie Schneider, Karen St. Amant, and Doris Ulanicki who finished cleaning the front and back kitchens!!!!



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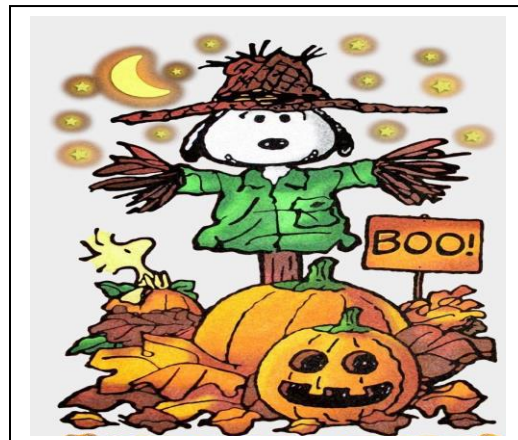
Your own copy of the Lakeland's newspaper for seniors (and seniors-to-be) will be in your mailbox waiting for you every two weeks, at less than the newsstand price!

**\$45**, (26 issues) **SAVE \$7** off newsstand price! Or

**TWO YEARS** (52 issues) **\$84**, **SAVE \$20** off newsstand price!

(GST is included in above subscription rates!) **SUBSCRIBE TODAY!**

*Laughter is the best medicine!*





# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Legend</b> Library - L McGregor Hall – MH Pioneer Hall – PH Pool Room – PR D&D – Dungeons and Dragons TBD – to be determined		1	2	3	4	5
		9am to 9pm Tangled Threads PH 1pm Crib MH 1:30pm Canasta PR 7pm Pool PR 7pm Tangled Threads Meeting	9am to 3pm Tangled Threads PH 11:30am Chair Yoga MH 1pm Bridge PR 6pm D&D PR 7pm Floor Curling MH	1pm Floor Curling MH	Office Closed  10am Pool PR 6pm Commander League PR	
6	7	8	9	10	11	12
9am to Noon Pancake Breakfast PH 	11:30am Chair Yoga PH 1pm Floor Curling MH 7pm Tuneagers PH 6:30pm Rental PR	11am Wills & Estates Presentation PH 1pm Crib MH 1:30pm Canasta PR 7pm Pool PR	10am to 1pm Beltone 11:30am Chair Yoga MH 1pm Bridge PR 6pm D&D PR 7pm Floor Curling MH	9:30am Mahjong PR 1pm Floor Curling MH	Office Closed  9:30am Mahjong L 10am Pool PR 6pm Commander League PR	
13	14	15	16	17	18	19
	Office Closed No Chair Yoga Floor Curling TBD  7pm Tuneagers PH	1pm Crib MH 1:30pm Canasta PR 7pm Pool PR  2025 Memberships Available for Purchase	10am Board Meeting 11:30am Chair Yoga MH 1pm Bridge PR 6pm D&D PR 7pm Floor Curling MH	9:30am Mahjong PR 1pm Floor Curling MH	Office Closed 9am to 9pm Tangled Threads PH 9:30am Mahjong L 10am Pool PR 6pm Commander League PR	9am to 9pm Tangled Threads PH
20	21	22	23	24	25	26
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27	28	29	30	31		
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